



*Celebrating*  
*2021-2022*

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The Dignity Campaign



# Life Skills Programmes

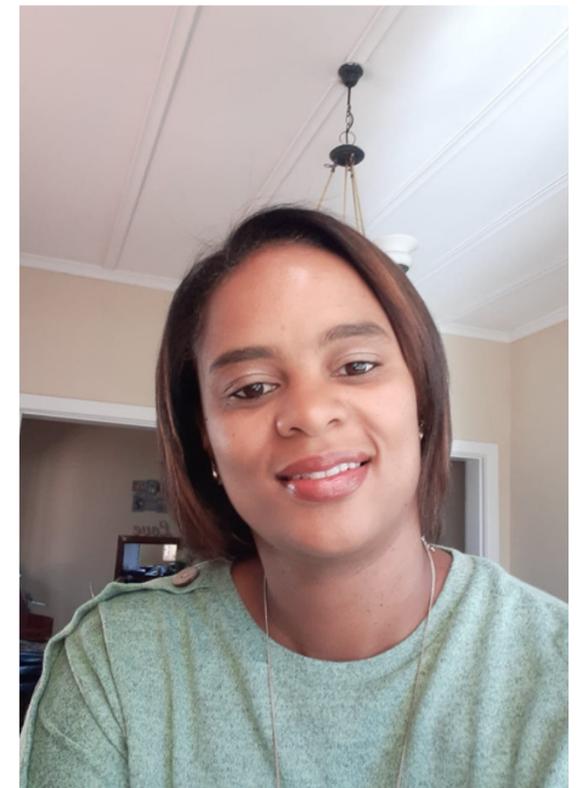


# 1 Year Mentorship Programme

- 10 Facilitators with
- 12 girls each participating in:
  - Dignity Day
  - 12 Cherish Programme
  - Mentoring Relationship
  - Championship Camp



Sponsored by the Portmore Charitable Trust



# Facilitators



- Wendy Abrahams - Cape Town
- Anusha Maistry - Gauteng
- Lucinda October - Uitenhage
- Vuyiswa Hermans - Uitenhage
- Raylene Fredericks - Saldanha Bay
- Elriza Visser - Riviersonderend



# Facilitators

Daneill Campbell - Gauteng  
Bongiwe Robin - Uitenhage  
Marcelle Paddy - Gauteng  
Jennifer Pitts - Cape Town



"I liked what we talked about. I learnt more about dignity, belonging, purpose and about my body and puberty. I learnt that I am unique and awesome!"

*-Mihlah Khaka*

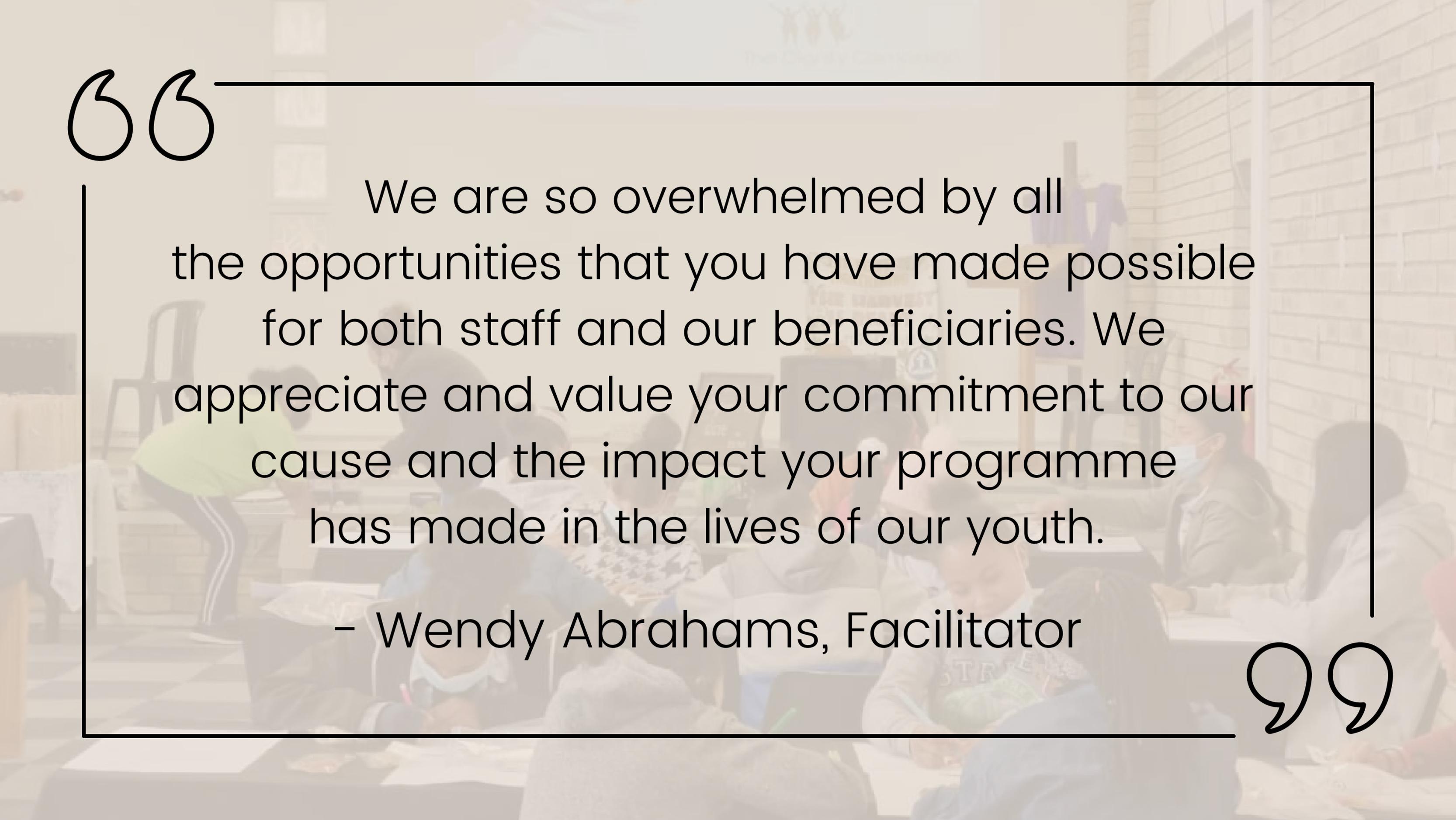


# Dignity Feedback



"I learnt more things I never knew in life. I learnt things I never knew possible. We all had so much fun. It was more exciting than we thought it would be"

"I have learnt so much from today. I liked the part about how our body works. It was an amazing experience."

A group of people, including children and adults, are seated around a table in a meeting or workshop setting. They appear to be engaged in a discussion or activity. The background shows a brick wall and some posters or notices on the wall.

“

We are so overwhelmed by all the opportunities that you have made possible for both staff and our beneficiaries. We appreciate and value your commitment to our cause and the impact your programme has made in the lives of our youth.

– Wendy Abrahams, Facilitator

”

# Dignity and Dare 2021

33

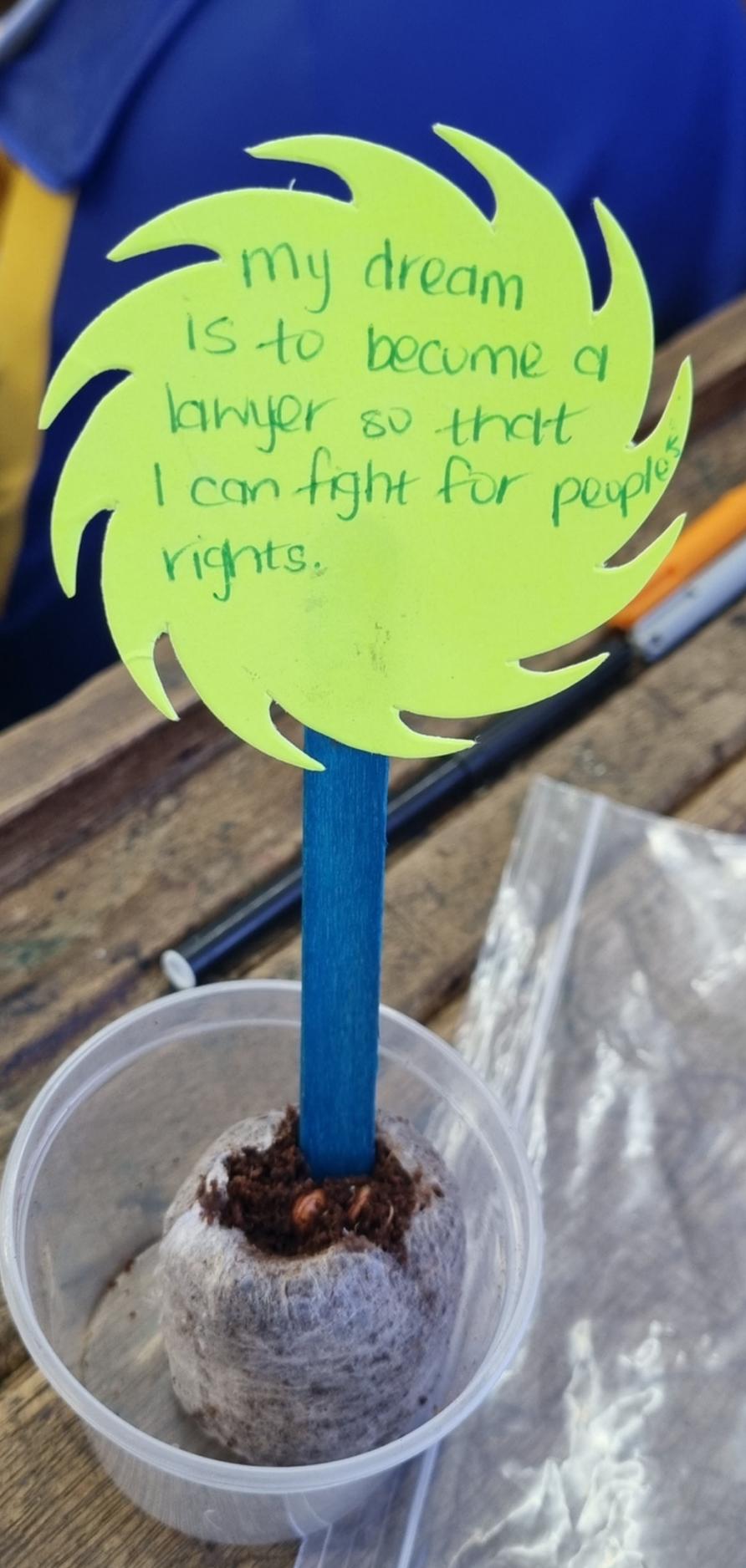
DARE PROGRAMMES

54

DIGNITY PROGRAMMES

2627

TEENS IMPACTED



# Dignity



# Dignity Feedback

"I experienced a lot of new things I didn't know. I learnt that I am more than capable. I learnt not to be influenced by what others say about me, because after all, I AM AMAZING!"

"Today was one of the best days."

"I liked the section on puberty. There were days I used to fight with my brother and I couldn't figure out why I was doing it. I learnt that it's part of the way we are (moody)."



Dare



# Dare Feedback

"I learnt alot about life and women."

"I learnt so much about being myself and my uniqueness. They taught us how to be a real man."

"I liked the Dare Declaration."

"I've learnt a lot today and had fun and listened to all things that was said. I learnt about Identity and that I'm special."

# Dignity and Dare Days



Sponsored by the City of Cape Town and  
the Rupert Education Foundation



# *Dignity Pack Distribution*



# *Pad Distribution*

**253** boxes  
of sustainable sanitary wear  
distributed in Philppi in  
partnership with Beautiful  
Gate – Sponsored by Zutari!

# Dad Donation

**155**

boxes of Palesa sustainable sanitary wear gifted to girls in Mitchells Plain in partnership with Serenity Wellbeing, sponsored by Incubeta SA Operations!



“

Thank you for the dignity box. I really appreciate it. My mother also really appreciated it because she got retrenched and can't afford to buy me pads.

– Dignity Pack Recipient

”

# Dignity Pack Drive

**R103 888** raised

**406** Dignity Packs distributed  
across South Africa



Western Cape, Saldanha, D  
2021/07/01 1



Sponsored by Mergon Foundation, Lift Up,  
Beautiful Gate Holland & various individuals



# Dignity Pack Drive





“

Thank you so much for the pads you donated to us. My parents loved it because buying the plastic pads won't waste our money. Thank you so much, even my sisters loved it.

- Dignity Pack Recipient

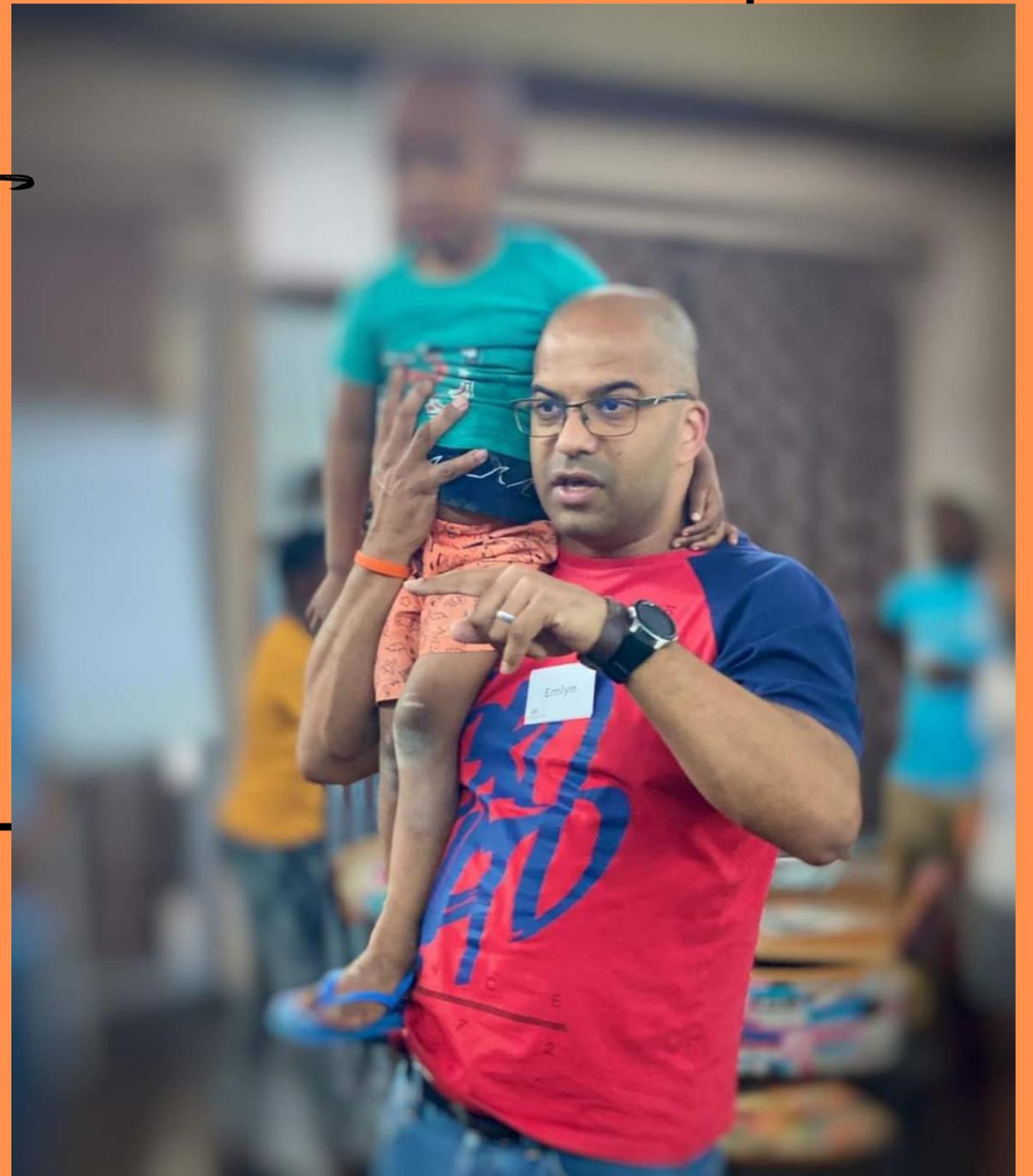
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# *Increasing Capacity*

# New Appointment

EMLYN KANNEMEYER  
DARE PROGRAMME MANAGER  
SINCE AUGUST 2021



THANKS TO THE ROLF NUSSBAUM FOUNDATION & BIOCURE



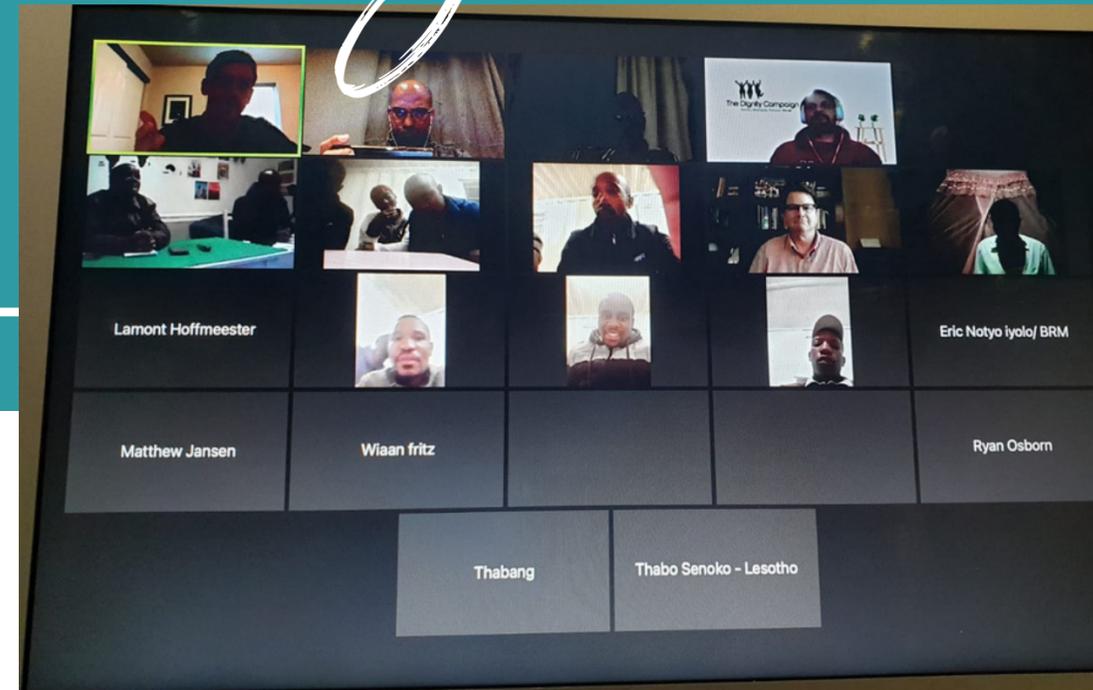
# Training

# Online Trainings



## Dignity

3 Online Trainings  
80 Participants  
14 Countries represented



## Dare

3 Online Trainings  
67 Participants  
8 Countries represented



“

It made me so excited to reach out to teenage girls, to come alongside and to equip, empower and encourage girls in who they are. The Dignity Campaign is a great way to impact young lives and to help girls find their true identity, belonging and purpose. This training encouraged me to continue to reach out and gave me new input and insight in how to do this.

- Dignity Training Participant

”

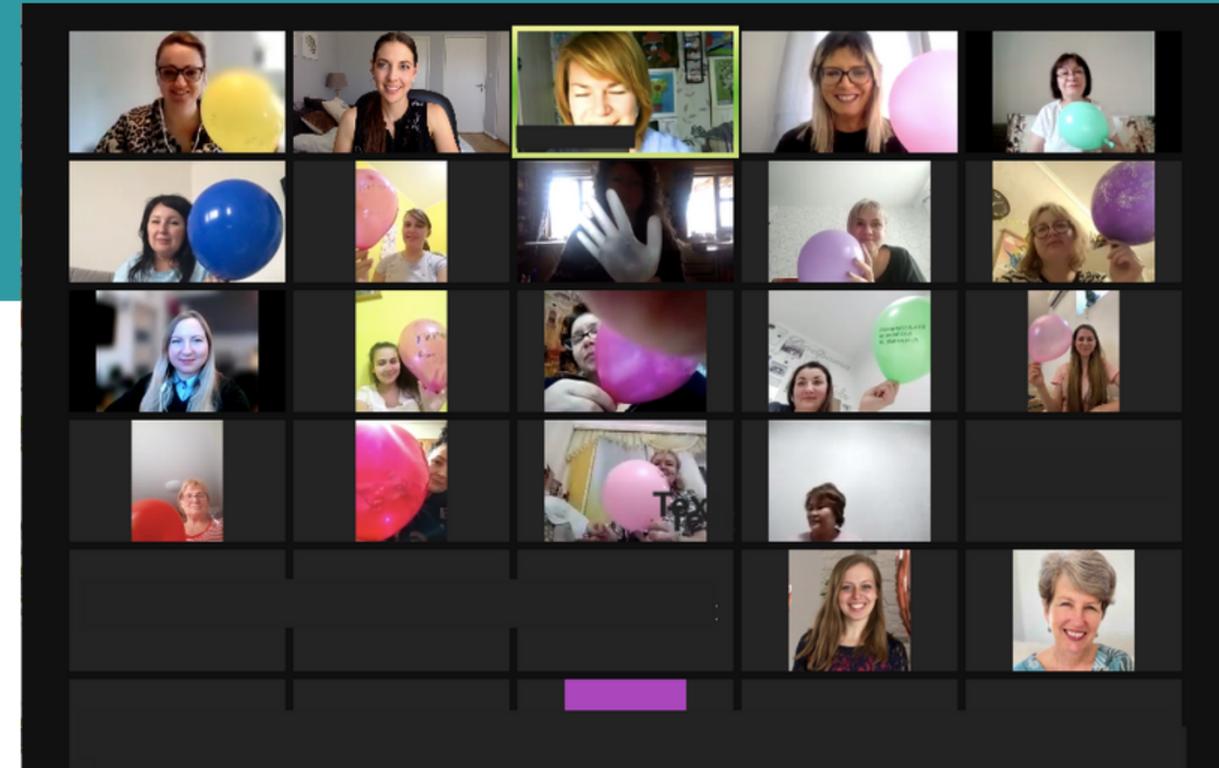
# Russian Training

JAN / FEB 2022: ONLINE VIA ZOOM



**ПРОГРАММА "ДОСТОИНСТВО"**

ИДЕНТИЧНОСТЬ. ПРИНАДЛЕЖНОСТЬ. ЦЕЛЬ. ДЛ



37

women from Russia

14

women from Kyrgistan

12

women from Uzbekistan

8

women from Kazakhstan

# In - Person Trainings

## Dignity

Eastern Cape  
6 Participants  
(sponsored by  
Giving for living)

Côte d'Ivoire  
22 Participants

## Dare

Western Cape  
10 Participants

First Facilitator Training in  
**FRENCH**





“

It changed the way I look at the young boys in the community, and made me start looking through the struggles they face on daily basis than just expecting them to do better, yet they have so much they are dealing with which needs to be solved first before we can put expectations on them.”

- Dare Training Participant

”

# YWAM Partnership



Training men and women from the Discipleship Training & Children at Risk Schools

# Additional Trainings



*Training of Trainers*



Mentoring

Training of Trainers  
Mentoring  
Christian Sexuality



Awareness

# Global Awareness

Micah Global Consultation

&

YWAM Children at Risk International training



Thank

You



The Dignity Campaign

Identity. Belonging. Purpose. For all.



Core Team in Cape Town